



Mission Vista High School
 Athletic Department
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Athletics Information

(2019/2020)

Mission Vista is a member of the prestigious North County Conference. In most sports, Mission Vista competes in the Valley League, along with:

Escondido
 Fallbrook
 Ramona
 San Pasqual
 Valley Center
 Ramona

<u>Fall Sports</u>	<u>Winter Sports</u>	<u>Spring Sports</u>
Field Hockey Girls Volleyball Girls Golf Girls Cross Country Boys Cross Country	Boys Basketball Girls Basketball Boys Soccer Girls Soccer	Baseball Softball Boys Volleyball Boys Golf
Tryouts/Practices start beginning of August	Tryouts/Practices start mid November	Tryouts/Practices start mid February
Athletic Packets/Physicals due July 23rd	Athletic Packets/Physicals due October 26th	Athletic Packets/Physicals due January 25th
Sit out period for transfers end dates vary by sport (refer to CIF)	Sit out period for transfers end dates vary by sport (refer to CIF)	Sit out period for transfers end dates vary by sport (refer to CIF)

For more information email the head coach of that sport, or the Athletic Director. Email addresses are listed on the Athletics web page.

League Champions - Girls Golf 2012, 2013, 2014, 2015, Bella Longo/1600m 2018, 2019, Bella Longo/3200m 2018, 2019, Connor Luck/Long Jump 2018, Girls Golf 2018, Caitlin Randolph/Girls Golf 2018, Bella Longo/Cross Country 2018, Zane Breier/Boys Golf 2019
CIF Runner-up - Cross Country 2012, 2014, Baseball 2014, Individual Diving 2015, Field Hockey 2016, Girls Soccer 2015-16, Girls Basketball 2016-17, Boys Volleyball 2018
CIF Champions - Boys Basketball 2015-16, Connor Luck/Long Jump 2018, Bella Longo/Cross Country 2018, Boys Soccer 2019, Girls Basketball 2019, Softball 2019, Bella Longo/1600m 2019